## NON SURGICAL RHINOPLASTY

The "non-surgical nose job" (or non-surgical rhinoplasty as it is known) replaces the scalpel with a needle, using a dermal filler injected in such a way as to soften, shape and straighten an individual's nose without resorting to invasive surgery. Not many people are aware that the majority of bumps on the nose are easily treatable by simply adding dermal filler to the nose, slightly filling indentations and smoothing out any bumps and irregularities.

### Why does the nose have such an impact on our facial attractiveness?

The nose is a central focal point of the face to which our eyes are naturally drawn, and has an impact on facial harmony and attractiveness. An outstanding feature for all to see, if the shape and size of our nose is disproportionate to the rest of our face then the relative attractiveness of our face is affected and this will impact upon our self-image and self-consciousness.

#### Which noses can benefit from a non-surgical nose job?

The vast majority of nose irregularities are treatable by using a dermal filler, including flat, bent and irregular noses as well as many bumps, humps and dips. Asian noses in particular and noses that have a deficient bridge that requires building up can easily be improved with fillers, reducing the flat appearance of the nose and providing more shape-without resorting to surgery or nasal implants.

#### What effects can be achieved?

Bumps and irregularities of shape occur not only up and down the length of the nose, but also from side to side, impacting on the symmetry of the nose and making the nose appear crooked or bent to one side, or even accentuating the tip of the nose making it look more rounded or bulbous.

Sometimes the nostrils may be too 'open' or high, displaying too much of the nasal cavity. When you level these bumps, indentations and irregularities by filling them with a dermal filler you can even out the contours and symmetry of the nose and this will make the nose look straighter from both the front and the side as well as take the emphasis off the tip of the nose or the nostrils.

You can also reduced the appearance of a nose that appears to jut out strongly. Usually when this happens the junction at the top of the nose, where it meets the forehead, is too concave, creating a steeper angle here and making the nose look more prominent . By adding a small amount of dermal filler to this concavity to reduce it you reduce the angle of the nose and its prominence. So, in fact by adding to the nose you are able to make it appear to be smaller. It's amazing to see the immediate effect and patients themselves are amazed at the difference it makes.

Mr Banwell will be able to advise you of the best treatment at consultation.

#### Important Notice

Mr Banwell strongly advises you stop smoking prior to surgery as this can affect the outcome of surgery and increase complication rates. Nutritional supplements, anticoagulant medication and blood thinners (eg. aspirin and brufen) all increase the risk of bleeding and should be stopped prior to surgery unless otherwise instructed.



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### NOTES & QUESTIONS



**SURGERY TIME** 30 - 60 Minutes

**HOSPITAL STAY** Outpatients

ANAESTHETIC ASSESSMENT No

PRE ADMISSION TESTS

**SLEEPING POSITION** Sleeping on back recommended for 4 weeks.

**REASONABLY MOBILE** Immediately

**WASHING** Shower after 1 day.

**DRIVING** Immediately

**EXERCISE INCLUDING GYM** 2 weeks

**SEXUAL ACTIVITY** Restricted activity

**FULL RECOVERY** 2 weeks

TIME OFF WORK None



