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NON-SURGICAL VAGINAL REJUVENATION

Non-surgical vaginal rejuvenation techniques are now increasingly popular for women's health. For women who are concerned with internal vaginal laxity and perhaps stress incontinence, several machines are available to patients which offer revolutionary vaginal tightening treatment that can improve physical pleasure and intimacy without surgery or downtime. Vaginal laxity is a common occurrence following life events such as childbirth, menopause, natural ageing, weight fluctuations and changing hormones. The concept is that by stimulating your body's natural production of collagen within the vagina, this treatment can tighten and tone vaginal muscles and tissue.

As a top plastic surgeon and specialist in aesthetic genital surgery, Mr Banwell and his team are proud to offer women a safe and effective option for non-surgical feminine rejuvenation. His expertise in gynaecological plastic surgery combined with his sensitive approach to women's needs make him one of the main go-to surgeons in the UK.

Why Choose Non-surgical vaginal rejuvenation?

Your vagina is constantly changing like the rest of your body. While some of those changes may be welcome, a loss of vaginal tightness can mean decreased sensation during intercourse, urinary stress incontinence and a loss of confidence when it comes to such an intimate area. As a result, many women are now adopting non-surgical treatments to address some of these concerns.

Some of the most common reasons to consider non-surgical rejuvenation include:

- Laxity of the vaginal canal resulting in a loss of sexual pleasure
- Weakened pelvic muscles contributing to urinary stress incontinence
- Excess pads of fatty tissue around the vaginal opening leading to discomfort or self-consciousness

How does it work?

During the 30-60 minute procedure, the probe is inserted just inside the vaginal opening (approximately a thumb's depth inside) and the radio frequency (RF) energy is delivered. In conjunction with cooling, the probe is moved in a clockwise or anticlockwise rotation around the circumferential vaginal opening.

The pulsed delivery of RF causes collagen contraction in the underlying tissues, leading to the stimulation of new collagen formation over the following 30 to 90 days and continued improvement at 6 and 12 months.

Complications and Side effects

The beauty of vaginal radio frequency treatment is that the side effects are typically minimal and quickly resolve. They may include redness in the treated area, localised swelling, occasional vaginal bleeding and slight abdominal discomfort.

Is there any downtime?

In particular, the latest skin-specific (isotropic) formulations. This treatment is relatively short and has minimal downtime and thus is suitable for treatment during your lunch hour. Mr Banwell and his team in Harley Street will discuss this in more detail with you.

If you are interested in learning more about these treatments then please feel free to call the office and our wonderful team would be delighted to discuss things in a confidential way. Currently in Mr Banwell's practice, non-surgical vaginal rejuvenation is performed in a discreet, luxurious setting in Harley Street, London. Please call 01342 330302 for further information.

Important Notice

Mr Banwell strongly advises you stop smoking prior to surgery as this can affect the outcome of surgery and increase complication rates. Nutritional supplements, anticoagulant medication and blood thinners (eg. aspirin and brufen) all increase the risk of bleeding and should be stopped prior to surgery unless otherwise instructed. repositioning tissues.